





## WELCOME TO NIDO EARLY SCHOOL

Welcome to both you and your child, to what we trust will be an extension of your home.

We understand that selecting the right Early School for your child is an incredibly important decision and know how much consideration is given to finding a safe, comfortable, nurturing, and peaceful environment.

Please let us know if you would like to receive this information in your preferred language.



# THE WORD 'NIDO' IS ITALIAN FOR 'NEST' (PRONOUNCED NEE-DOH) AND WAS INSPIRED BY THE ITALIAN PRINCIPLES OF 'REGGIO EMILIA', THE WORLD CLASS EDUCATIONAL PHILOSOPHY UPON WHICH OUR SCHOOLS ARE FOUNDED.

At Nido, we offer exceptional education and care for children, from six weeks of age through to school age.

At all Nido Early Schools, the Reggio Emilia philosophy is combined with the Australian Early Years Learning Framework and the National Quality Standard, to provide the very best standard of education and care.

Regardless of whether you work full time or choose our Nido Early Schools purely for the benefits of education and socialisation, we aim to address the ever-changing needs of the modern family.

#### UNDERSTANDING REGGIO EMILIA

The Reggio Emilia approach is internationally recognised for the value it places on education and the care of children. A key principle of the Reggio approach is understanding that each child is capable and competent. Our role is to provide the materials, the environment and the educational support that will enable each child to both consolidate and to develop further skills

It fosters a belief that the child, parent, community, and natural environment are all essential to the learning process. The Reggio Emilia approach has strong roots within nature and focuses on a learning environment enriched with creative and sensory experiences.





## OUR ENVIRONMENT

We have taken the Reggio Emilia philosophies and adapted them to suit the Australian climate and culture. Our Early Schools are warm environments, utilising premium finishes, with every space feeling light and featuring natural tones and textures, providing a calm environment for learning.

During the day, your child will have the choice to move between indoor and outdoor learning environments including vegetable patches, relaxation spaces and music areas. Most of our Early Schools also have an Atelier, a dedicated arts workshop, where children have the freedom to engage in self-expression, curiosity, and creativity.

## **OUR PHILOSOPHY**

#### We believe.

- Every child should feel a strong sense of well-being.
- The environment should reflect our love of nature and our views on sustainability.
- The environment is the 'third teacher' and it is therefore essential that we set up the environment in a manner that encourages engagement and exploration.
- In building relationships with families and encouraging a high degree of involvement and participation.
- The early years are the foundation years and by providing meaningful learning experiences, we can nurture a love of learning.
- Learning is ongoing, and we constantly seek to develop our own knowledge and thereby offer richer experiences to the children in our care.

## OUR NIDO TEAM

Every parent understands how difficult it is to entrust the care of your child to others and that is why Nido employs the best in the sector.

The Executive Service Manager (ESM) is responsible for ensuring the smooth day to day running of the school and ensures that we are meeting and exceeding the standards, regulations and laws outlined in the National Quality Framework. All ESMs hold a minimum Diploma level qualification and are the Early School Nominated Supervisor.

The Curriculum Leader (CL) is responsible for ensuring all children are provided with high quality education incorporating the Early Years Learning Framework (EYLF) and the Reggio Emilia approach. The CL is involved in researching best practice in early years education, ensuring ongoing and valuable improvements within the school. All CLs hold either a Diploma in Early Childhood Education and Care or a Bachelor of Education.

The Leading Educator supports families to foster a passion for learning in all children. They also create and implement an educational program which demonstrates a superior understanding of the National Quality Framework, whilst actively ensuring professional standards from all staff are maintained and company procedures are adhered to. All Leading Educators are Diploma trained (or equivalent).

All our Educators are dedicated to providing exceptional care and education. They assist the Leading Educator, and all hold a minimum Certificate 3 in Early Education and Care (or are working towards completing) plus first aid/ asthma and anaphylactic training. Every Educator is focused on continually researching best practice in early education and is supported with professional learning and mentoring.



The Service Administrator (SA) is responsible for providing exceptional customer service. The SA assists the ESM with administrative tasks and liaises with families in a professional, friendly, and efficient manner.

The smell of cooking from the Cucina (kitchen) and seeing children huddled around getting involved, very much reflects that a passion for food is at the heart of Nido. Each of our cooks has attained a Certificate in menu planning and food safety.

All staff members have successfully passed a Working with Children check and also receive professional development training on a regular basis.

## LEARNING

The Early Years Learning Framework guides the Educator's curriculum decision making to ensure quality learning and teaching, with playbased learning being fundamental to all experiences at Nido Early Schools. Each child's learning is documented through a cycle of planning and your child's learning journey is captured via our digital platform which you can access at any time.

### NURSERY (Babies from 6 Weeks to 2 Years)

We understand the trust that families place in us by bringing their baby to our Nido Early School. All our nursery Educators are carefully chosen, not just for their qualifications, but because of their nurturing personalities. Our program is carefully developed to centre around your baby's unique patterns of play, feeding and sleeping. We use this as a guide to introduce daily experiences that will spark their interest, support healthy brain development and promote social skills.

## TODDLERS (2 to 3 Years of Age)

Our toddlers are encouraged to develop friendships so that they gain confidence, as well as learn co-operation and sharing. We observe each child's interests and develop a program to

promote key learning areas. These areas include language, maths, investigation, creative pursuits, fine and gross motor skills, sensory experiences, cultural experiences and environmental understanding.

## KINDERGARTEN (Children from 3 to 5 Years of Age)

Our kindergarten helps prepare your child as a lifelong learner. Your child will be empowered to use their own unique learning style to explore language, maths, investigation, creative pursuits, fine and gross motor skills, sensory experiences, their cultural identity and the environment. Our Kindergarten Educators provide positive learning experiences so that children develop a healthy relationship with learning that extends beyond their school life.

## SCHOOL AGED CHILDREN (5 Years of Age and Above)

Some Nido Early Schools provide before and after school care and vacation care for full time school children who attend primary school (please see the Executive Service Manager to see if this is available). This service gives siblings the opportunity to see each other during the day and encourages them to grow and learn from each other. Children are provided with an educational program appropriate for their age in accordance with the Framework for School Age Care. This may include homework time, indoor and outdoor play, games, art/crafts and more. Nido Early Schools offer a school drop-off and collection service when

possible. If this service needs to be suspended or withdrawn for any reason, parents will be notified at least two weeks in advance.

CONSTANT COMMUNICATION
IS MAINTAINED AND NURTURED
WITH PARENTS AT ALL TIMES
DURING THIS VERY IMPORTANT
TIME IN YOUR FAMILY AND
CHILD'S LIFE.

Please note rooms and ages may differ according to the Early Schools.



## FAMILY COMMUNICATION

Communication is very important at all Nido Early Schools. We use a range of real-time communication tools to keep our families well-informed at all times. Your Service Administrator will provide details of which communication platforms are used.

## FAMILY PARTICIPATION

At Nido Early Schools, families take an active role in the education of every child. Participation from parents/carers is always encouraged and sends strong messages to your child that you support them. There are many ways to participate, and your Nido Early School will accommodate your availability wherever they can. Family information evenings, held throughout the year, are a wonderful opportunity to find out what's happening at your Nido Early School and provide the chance to hear how your child is getting on. Opportunities include:

- Participating in excursions
- Assisting with fund raising
- Attending special activities and functions at the school
- Volunteering
- Offering suggestions for programs
- Providing feedback to us about our services to you.

Nido Early Schools operate with an 'open door policy' – parents are always welcome at our schools.

## ADDITIONAL SUPPORT

Before enrolling your child at a Nido Early School, it is important to discuss any special individual needs your child might have and how they can be met, including any cultural requirements for your child.

Planning for children with special rights requires careful thought and often the assistance of specialists. It is important to know how your child's specific needs may affect learning and participation in activities. This information will help us to meet the needs of your child and seek assistance from specialist and support workers if or as required.

## ENROLMENT AND PRIVACY

We understand time is precious for families and to make the process as simple and convenient for you as possible, you can either enrol online or in person at your preferred school.

The Executive Service Manager will require a copy of your child's birth certificate and immunisation records at the time of enrolment. Any information provided as part of the enrolment process is strictly confidential and is never revealed to people or organisations outside of the Nido Early School framework without written parental permission. The only time an exception is made is if legal documentation is provided instructing us otherwise. Parents may request to view all records relating to their child at any time.

Please note an orientation will be offered before commencement so that we have the opportunity to meet all families and children prior to confirmation of a place and to gather any further documentation.

## OTHER THINGS TO NOTE

#### **ATTENDANCE**

We understand that choosing how often your child attends our Early School can be complex. We believe for the best interest of your child that they attend our service for a minimum of two days per week. This allows them the opportunity to build a trusting relationship with our Educators, together with building social relationships with their new friends. For more information, please speak with our Executive Service Manager.

#### **BIRTHDAYS**

Nido Early Schools enjoy sharing this occasion with your child but due to children's allergies, it is not possible for families to supply birthday cakes or other birthday food. Please speak with your ESM on ideas for how we can celebrate with your family.

#### **HIGH TEMPERATURES**

If your child unexpectedly develops a high temperature (38 degrees or higher), paracetamol may be administered if written consent has been given. We will attempt to contact you before any paracetamol is administered and you will be asked to collect your child. At the discretion of the Executive Service Manager, should you, or another emergency contact not be able to collect the child quickly, an ambulance will be called to ensure the well-being of your child. Parents will be responsible for all ambulance and medical costs incurred.

#### INTERACTIONS WITH CHILDREN

At Nido Early Schools the interactions with children policy is centred around the importance of respect and dignity for the child, acknowledging and accepting children's feelings and encouraging these feelings to be expressed.

We will also ensure we support the children's behaviour by:

- Setting and maintaining appropriate limits of behaviour
- Explaining the appropriate uses of materials and equipment
- Reinforcing positive behaviour with acknowledgement and validation
- Explaining why a behaviour is inappropriate or unacceptable and providing acceptable options
- Offering children choices and encouraging decision making
- Setting realistic expectations which are age and stage appropriate
- Remembering that what works for one child does not always work for another
- Ensuring the Executive Service Manager is available to discuss and assist with any concern you may have about your child's behaviour or participation
- Seeking advice from an appropriate agency or professional by the Executive Service Manager together with the parent/ guardian if the unacceptable behaviour persists.

#### **NUTRITION AND CUCINAS**

At Nido Early Schools we have taken culinary inspiration from the Italians (just as we have taken the Reggio Emilia approach to education) and our 'Cucinas' (Italian for 'kitchen') are inspired places where we create tasty and nutritious food each day, to nurture your child's development and meet all their important daily dietary requirements. We aim to instil in all children the importance of maintaining a lifelong respect for food with a particular focus on sustainability. It is important children understand where food comes from and each school uses fresh produce wherever possible. Each menu is also prepared in accordance with the nutrition checklist, 'Start Right Eat Right' and menus are reviewed twice a vear, in conjunction with dieticians and nutritionists.

Morning tea, lunch and afternoon tea is supplied to the children every day along with a late snack. Breakfast is supplied until 7.30am. The daily menu is displayed within the school for your reference and our Cucinas are always willing to accept menu ideas and suggestions to provide plenty of new and nutritional options to the children.

All meals are prepared in accordance with Food Safety and Nutrition standards plus dietary, cultural, and medical needs are catered for. Each room has a copy of all dietary requirements and food allergies plus we encourage families to meet with the Cucina staff during orientation process to discuss your child's specific needs.

To ensure strict compliance with all nutrition guidelines, and due to children's allergies, we ask all families not to bring food into any of our schools.



#### **REST**

All children are encouraged to have a special time to relax or rest during the day. Some children may not need sleep but will be encouraged to rest their bodies or sit and enjoy quiet activities. For children in the Nursery, we follow SIDS guidelines. More information around these guidelines is found in our "Safe Sleeping and Rest Policy and Procedure".

"INCREDIBLE PLACE.
THEY HAVE GONE ABOVE AND BEYOND
TO HELP MY SON'S PROGRESS, WHILST
RESPECTING OUR INDIVIDUAL NEEDS
AS A FAMILY WHO HAVE NEVER USED
CHILDCARE BEFORE - SO NEEDED
A VERY SLOW START. STAFF HAVE BEEN
WELCOMING, SUPPORTIVE AND PATIENT.
WE FEEL VERY LUCKY TO HAVE
THEIR SUPPORT"

#### **SUITABLE CLOTHING**

Please send your child in play-appropriate clothing. Clothes that become dirty, enable uninhibited play and can be easily be managed by the child are most suitable. The school will provide art shirts when the child is involved in any messy play. Children should also be dressed accordingly to the climate at all times. In hotter months, please dress your child in light cotton clothing that will provide protection from the sun, and sandals (excluding thongs or strappy singlet tops). Please ensure shoulders are always covered. In cooler months, children should be dressed in warmer clothing layers that can be taken off as the day warms up, with enclosed shoes and socks.

Wide brim or legionnaire hats must be brought and worn throughout the year, regardless of the season and weather conditions. You may prefer to leave a hat at the Early School to ensure there is always one available for your child to wear. Children will be required to play indoors, in the shaded areas or under the veranda, if there are no available spare hats or they are not wearing appropriate covering clothing.

Please ensure every item brought to the school is clearly labelled/marked with your child's name. No responsibility will be taken by Nido Early Schools for any loss or damage to your child's belongings.

